



# Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	Day 1 <sup>st</sup>	Month January	Year 2017		Day 31 <sup>st</sup>	Month December	Year 2017

## Section A Reference and administration details

**Charity name** FRIENDS OF HISTON & IMPINGTON RECREATION

**Other names charity is known by** Friends of the Rec

**Registered charity number (if any)** 1100193

**Charity's principal address** 8 Dwyer Joyce Close, Histon, Cambridge

**Postcode** CB24 9JZ

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Grafham	Chair	Jan – May 2017	
2	Margaret Jane Rush		Jan – May 2017	
3	Brian Ing		For whole of 2017	
4	Neil Davies	Treasurer	For whole of 2017	
5	Jennifer Priest		Jan – May 2017	
6	Vernon Dudley		For whole of 2017	
7	Richard Martin		For whole of 2017	
8	Patricia Davies		For whole of 2017	
9	Edd Stonham		May 2017 onwards	
10	David Wilson		October 2017 onwards	
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### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	CONSTITUTION ADOPTED 06/02/2003 AS AMENDED ON 23/09/2003 AS AMENDED ON 19/03/2014
How the charity is constituted (eg. trust, association, company)	Unincorporated association
Trustee selection methods (eg. appointed by, elected by)	Elected by membership in general meeting

**Additional governance issues (Optional information)**

<p>You <b>may choose</b> to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> <li>• policies and procedures adopted for the induction and training of trustees;</li> <li>• the charity's organisational structure and any wider network with which the charity works;</li> <li>• relationship with any related parties;</li> <li>• trustees' consideration of major risks and the system and procedures to manage them.</li> </ul>	<p>The Friends charity comprises of ;</p> <ul style="list-style-type: none"> <li>• A board of Trustees consisting of 7 Trustees elected from the general membership</li> <li>• An operating group of Trustees and interested members help to organise events and activities</li> </ul> <p>New Trustees are briefed according to the guidance provided by the Charity Commission.</p> <p>The operating group collectively takes responsibility for organising and running community and sporting events held on Histon &amp; Impington Recreation Ground, and starting and running sports and exercise activities at the same venue.</p> <p>The surplus from events and activities is used to help maintain and improve facilities on the Recreation Ground, and this includes making donations to Histon &amp; Impington Parish Council which owns and operates the Recreation Ground. The Friends charity also uses surplus funds to develop new sports, exercise and club activities, and supports existing Recreation Ground sports clubs</p> <p>The Friends have no formal relationship with interested parties although it does work closely with Histon &amp; Impington Parish Council who own and manage the Recreation Ground. The Friends are pleased to acknowledge the support and sponsorship of local businesses.</p> <p>The Charity has a process to identify, assess and mitigate risks in the areas of health and safety and operations. Public liability insurance is held and additional cover is arranged as required to cover larger events.</p>
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The Trustees completed a review of the structure and constitution of the charity in 2017 and changes to the constitution are being considered at the Charity 2018 AGM

All Trustees give their time voluntarily and received no remuneration or other benefits

## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

TO ASSIST IN MAINTAINING AND IMPROVING SPORTING, LEISURE AND COMMUNITY FACILITIES AND OPPORTUNITIES ON HISTON AND IMPINGTON RECREATION GROUND AND LAND AT BYPASS FARM, HISTON FOR THE BENEFIT OF THE INHABITANTS WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE OF THE SAID INHABITANTS

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The two key principles of public benefit issued by the Charity Commission namely ;

- there must be identifiable benefit or benefits
- benefits must be to the public or section of the public

provide the framework through which the Friends undertake their activities.

### **Supporting sport, wellbeing and recreation in Histon and Impington**

**Sport** – The Friends of the Rec are involved in the promotion and development of new sporting and exercise activities for residents of all ages primarily on Histon & Impington Recreation Ground. These activities provide opportunities for residents to try new sports and activities which hopefully will increase their fitness and improve their health.

**Wellbeing-** The charity has very close working relationships with the Village Older People's Coordinator team which includes the Friends organising a number of dedicated activities to support older people including a three specialist exercise activities.

**Recreation** – with a number of popular fundraising events the Friends help with donations to help develop facilities on the Recreation Ground and this includes the Rec Play area

The fundraising events are primarily based at the venue, these encourage village residents to visit the rec and create an awareness of the facilities available to use and enjoy.

The events in 2017 included the

- Impington Running Festival in May
- Flaming June Half Marathon
- S50 community cycling event
- Bonfire Burn 10k run in November

These activities provide opportunities for residents to try new sports and activities which hopefully will increase their fitness and improve their health.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The Trustees use the surplus from events and activities to help maintain and improve facilities on the Recreation Ground, and this includes making donations to Histon & Impington Parish Council which owns and operates the Recreation Ground. Regular meetings are held with the Parish Council to identify priorities and projects needing support

The Friends charity also uses surplus funds to develop new sports, exercise and club activities, and supports existing Recreation Ground sports clubs.

The Friends make an annual donation to help meet the costs of the Village Older Peoples Coordinator project. The Coordinator and assistant support the activities for older people organised by the Friends at the Rec.

A great contribution is made by member volunteers and the Charity is extremely grateful for all the help provided at events.

**Summary of the main achievements of the charity during the year****Financial support**

The charity made specific donations in 2017 ;

- purchase of a pair of goals on the Multi use games area
- towards restoration of an old Agricultural pump
- towards the cost of the Village Older Peoples Coordinator who assists in organising activities at the rec
- training of three run leaders for HI Runners

**Equipment purchase**

The charity raised funds to specifically purchase a new exercise bike for the Monday exercise activities

**Participation in sports events**

- 2200 runners took part in community running events organised
- 800 took part in the S50 community cycling event

**Sports / exercise activities**

These regular activities continued in 2017 organised by the Friends;

- Histon & Impington Stroke Action – a weekly club for Stroke recoverers and survivors
- Monday Chair Based activity club
- Rec Active – a club for 2/4 year olds and parents
- Rec multi sports club a weekly club for 5/6 year olds
- Histon & Impington Table Tennis ( HITT ) – a weekly club
- Rec hockey coaching – weekly sessions for primary and secondary aged children
- Tai chi class
- Pilates
- Fitness for Dance for Over 50s
- Walking Football

These activities are attended by over 120 people on a regular weekly basis.

The charity was awarded a grant of £2,000 from Living Sport towards the start up of a new Community Athletics club for primary and young people which start in April 2018

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

The charity held £29k at the end of 2017 all of which is unrestricted funds.

There is two designated funds which have total funds of £13k and include

- a Projects fund
- a sport development fund received from Histon & Impington Parish Council to assist in the Friend's development of new sport activity initiatives

Funds are held to make donations for new projects on the Recreation Ground or to assist in improvements / maintenance of existing facilities. Funds are also retained to meet expenditure for future events.

### Details of any funds materially in deficit

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our principal source of funds is through organising community and sporting events.

In deciding on any expenditure we are guided by obtaining best value for money.

Donations are made by the Charity to specifically improve / maintain facilities on the Recreation Ground and support new projects and support village initiatives such as the Village Older Peoples project which directly provides support

Expenditure is also incurred in establishing new sports and exercise activities to encourage participation by village residents.

The Friends do not have a policy for holding long term investments. Reserves are primarily held in the operating account with Barclays Bank and a deposit account with the same Bank.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	Edd Stonham	Neil Davies
<b>Full name(s)</b>	Edd Stonham	Neil Davies
<b>Position (eg Secretary, Chair, etc)</b>	Trustee	Trustee
<b>Date</b>	25 <sup>th</sup> April 2018	