



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 1 st	Month January	Year 2018		Day 31 st	Month December	Year 2018

Section A Reference and administration details

Charity name FRIENDS OF HISTON & IMPINGTON RECREATION

Other names charity is known by Friends of the Rec

Registered charity number (if any) 1100193

Charity's principal address 8 Dwyer Joyce Close, Histon, Cambridge

Postcode CB24 9JZ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Edd Stonham	Chair		
2	Vernon Dudley			
3	Brian Ing			
4	Neil Davies	Treasurer		
5	Richard Martin			
6	David Wilson			
7	Greg Peck		April 2018 onwards	
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CONSTITUTION ADOPTED 06/02/2003 AS AMENDED ON 23/09/2003 AS AMENDED ON 19/03/2014 AND 25/4/2018
How the charity is constituted (eg. trust, association, company)	Unincorporated association
Trustee selection methods (eg. appointed by, elected by)	Elected by membership in general meeting

Additional governance issues (Optional information)

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> • policies and procedures adopted for the induction and training of trustees; • the charity's organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees' consideration of major risks and the system and procedures to manage them. 	<p>The Friends charity comprises of ;</p> <ul style="list-style-type: none"> • A board of Trustees consisting of 7 Trustees elected from the general membership • An operating group of Trustees and interested members help to organise events and activities • An operating group of Trustees and interested members to help oversee sports and exercise activities <p>New Trustees are briefed according to the guidance provided by the Charity Commission.</p> <p>The operating group collectively takes responsibility for organising and running community and sporting events held on Histon & Impington Recreation Ground, and starting and running sports and exercise activities at the same venue.</p> <p>The surplus from events and activities is used to help maintain and improve facilities on the Recreation Ground, and this includes making donations to Histon & Impington Parish Council which owns and operates the Recreation Ground. The Friends charity also uses surplus funds to develop new sports, exercise and club activities, and supports existing Recreation Ground sports clubs</p> <p>The Friends have no formal relationship with interested parties although it does work closely with Histon & Impington Parish Council who own and manage the Recreation Ground. The Friends are pleased to acknowledge the support and sponsorship of local businesses.</p>
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The Charity has a process to identify, assess and mitigate risks in the areas of health and safety and operations. Public liability insurance is held and additional cover is arranged as required to cover larger events.

The Trustees completed a review of the structure and constitution of the charity in 2017 and changes to the constitution were agreed to the charity's AGM on 25/4/2018

All Trustees give their time voluntarily and received no remuneration or other benefits

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The Charity's objectives are to develop, provide and support sporting, wellbeing and recreation opportunities and facilities with the aim of improving the conditions of life of the inhabitants of and visitors to the villages of Histon & Impington.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The two key principles of public benefit issued by the Charity Commission namely ;

- there must be identifiable benefit or benefits
- benefits must be to the public or section of the public

provide the framework through which the Friends undertake their activities.

Supporting sport, wellbeing and recreation in Histon and Impington

Sport – The Friends of the Rec are involved in the promotion and development of new sporting and exercise activities for residents of all ages primarily on Histon & Impington Recreation Ground. These activities provide opportunities for residents to try new sports and activities which hopefully will increase their fitness and improve their health.

Wellbeing- The charity has very close working relationships with Histon & Impington Community charity's wellbeing team which includes the Friends organising a number of dedicated activities to support older people including a three specialist exercise activities.

Recreation – with a number of popular fundraising events the Friends help with donations to help develop and improve facilities on the Recreation Ground.

The fundraising events are primarily based at the venue, these encourage village residents to visit the rec and create an awareness of the facilities available to use and enjoy.

The events in 2018 included the

- Impington Running Festival in May
- Flaming June Half and Quarter marathon
- Community sports afternoon
- Bonfire Burn 10k run in November

These activities provide opportunities for residents to try new sports and activities which hopefully will increase their fitness and improve their health.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The Trustees use the surplus from events and activities to help maintain and improve facilities on the Recreation Ground, and this includes making donations to Histon & Impington Parish Council which owns and operates the Recreation Ground. Regular meetings are held with the Parish Council to identify priorities and projects needing support

The Friends charity also uses surplus funds to develop new sports, exercise and club activities, and supports existing Recreation Ground sports clubs.

The Friends make a donation to Histon & Impington Community Charity to help meet the costs of providing the Community Minibus for older residents to attend exercise classes organised by the Friends.

A significant contribution is made by member volunteers and the Charity is extremely grateful for all the help provided at events.

Summary of the main achievements of the charity during the year**Financial support**

The charity made specific donations in 2018 for the

- cost of an information board for old Agricultural pump on the Recreation Ground
- purchase of two oak trees
- towards the provision of an outdoor table tennis on the Recreation Ground
- purchase of tables and chairs for the Recreation Ground community room

Equipment purchase

The charity raised funds to specifically purchase a new exercise bike for the Monday exercise activities

Participation in sports events

- 2200 runners took part in community running events organised

Sports / exercise activities

These regular activities continued in 2018 organised by the Friends;

- HI Rec Monday club providing three different exercise classes including a specialist exercise class for stroke recovers
- Rec Active – a club for 2/4 year olds and parents
- Rec multi sports club a weekly club for 5/6 year olds
- Histon & Impington Table Tennis (HITT) – a weekly club
- Rec hockey coaching – weekly sessions for primary and secondary aged children
- Tai chi class
- Pilates
- Fitness for Dance for Over 50s
- Walking Football
- Histon & Impington Community Athletics providing two sessions for primary aged children and those attending secondary school

These activities are attended by over 150 people on a regular weekly basis.

In the Autumn of 2018 the Charity Trustees agreed to start fundraising for a new Community trishaw to provide riders for older residents using volunteer riders.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity held £25k at the end of 2018 all of which is unrestricted funds.

Funds are held to make donations for new projects on the Recreation Ground and elsewhere in Histon and Impington or to assist in improvements / maintenance of existing facilities.

Funds are also retained to meet expenditure for future events.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our principal source of funds is through organising community and sporting events.

In deciding on any expenditure we are guided by obtaining best value for money.

Donations are made by the Charity to specifically improve / maintain facilities on the Recreation Ground and support existing and new projects and support village initiatives.

Expenditure is also incurred in establishing new sports and exercise activities to encourage participation by village residents.

The Friends do not have a policy for holding long term investments. Reserves are primarily held in the operating account with Barclays Bank and a deposit account with the same Bank.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Edd Stonham	Neil Davies
Full name(s)	Edd Stonham	Neil Davies
Position (eg Secretary, Chair, etc)	Trustee	Trustee

Date 3rd April 2019